



## Safe Cycling Tips for Children

A bicycle is your child's first roadway vehicle. Ride together and model safe riding behavior to instill bicycle safety at an early age. Learning to make safe choices now can lead to a lifetime of safe roadway habits.

- Set a good example. Everyone should wear a properly fitted bicycle helmet.
- Establish your own rules about when and where your child can ride. Children less than nine years of age should not ride in the street unsupervised. To ride without supervision, children should be able to follow the "rules of the road."
- Teach your child about defensive bicycle riding:
  - o Look left-right-left when exiting a driveway and at all intersections, before proceeding.
  - o Use proper hand signals.
  - o Obey traffic signs and signals. Travel in the same direction as motor vehicles, staying close to the right side of the road.
  - o Look for and avoid hazards on the ground (toys, rocks, potholes, etc.).
  - o Wear brightly colored clothes and reflective gear.
- Check your child's bicycle for correct fit, properly working parts and reflectors.

*Take the High Road*  
**Share the Road • It Belongs to Everyone**