



Cyclists Share the Road with Motorists

Cyclists have the same rights and responsibilities as motorists and must follow the same rules of the road. Keep in mind that laws pertaining to the operation of a bicycle vary by state and locality. Know the laws in your jurisdiction.

- Wear a properly fitted bicycle helmet on every ride.
- Ride in the same direction as traffic in a straight line. Don't swerve in the road or between vehicles.
- Obey all traffic signs, signals and road markings. Use hand signals to indicate stops and turns. Look over your left shoulder for traffic before you make a move.
- Ride as far to the right as is safe and practical.
- Ride defensively. If you're not certain if motorists see you, assume they don't.
- Be predictable so that motorists will know exactly what to expect from you.
- Avoid road hazards such as potholes, grates, gravel, glass and debris. Stay at least a foot away from curbs.
- Be visible to motorists. Wear brightly colored reflective clothing. Have lights and reflectors on your bicycle.

Avoid High-Risk Driving Mistakes

Take Charge of YOUR Driving Behavior

Reduce YOUR Crash Risk