

DRIVING POLICIES FOLLOWING A LONG FLIGHT



Page | 1

Dear NETS Members,

January 6, 2012

Rob McAuley with AstraZeneca submitted a question concerning driving policies after a long flight.

Responses follow Rob's question.

Thank you to those of you who provided responses.

Please contact me if you have any questions or suggestions.

Best,

Jack

J. M. Hanley
Executive Director
Network of Employers for Traffic Safety
314-680-3293

QUESTION

Do you have a written, communicated policy which stops employees driving following a long haul flight? If so, is this policy enforced? (Answers with a global and US split would be appreciated).

Rob McAuley

Global Commercial Safety, Health & Environment Director
AstraZeneca
Rob.McAuley@astrazeneca.com

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	Note: All responses are global unless otherwise indicated in the "Responses" box.	
	RESPONSES	DRIVING POLICY FOLLOWING A LONG FLIGHT
	Responses indicating "No Policy"	5
1	Anonymous	The answer is "no" for both US and International travel. We do provide travel guidance and highly recommend that employees use other forms of transportation following a long flight.
2	Amgen Scott Thompson sothomps@amgen.com	<p>Arrivals between 10 p.m. and 6 a.m. are considered late night and for safety reasons staff are allowed to use an approved chauffeured car / sedan service or pre-booked taxi service from the airport to home, hotel or office.</p> <p>It is part of our global travel policy, so applies to all employees. However, it is not mandatory they use a taxi, sedan is allowed and encouraged.</p>
3	BP Ken Daigle Kenneth.Daigle@bp.com	<p>BP requires a journey risk management plan that would include consideration of fatigue following a long flight. There are no strict limitations, but the guidance we provide regarding driving following a flight is as follows:</p> <ul style="list-style-type: none"> • If you have been flying <ul style="list-style-type: none"> - You should not drive yourself from the airport unless you can complete the road journey within 16 hours of the time you got up <ul style="list-style-type: none"> - This is particularly important when you have <ul style="list-style-type: none"> - Flown for 8 hours or more - Are experiencing the effects of jet lag as a result of crossing 4 or more time zones • If you cannot reach your destination within 16 hours of the time you got up <ul style="list-style-type: none"> - Arrange for someone else to drive you or take a taxi or public transport, or - Put off your journey until you have had a night's rest

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4	<p>Chevron Todd Wilhite twilhite@chevron.com</p>	<p>At Chevron we don't currently have a Corporate or companywide policy that prohibits driving after a long haul flight. However, several of the operating companies within Chevron have rules or recommendations that do address certain practices when it comes to long haul flights and or driving outside the US. Below is an excerpt from one of the operating companies, and as far as enforcement goes they are just recommendations but if someone was to get in an accident after one of the below events took place it would be hard for them to explain why.</p> <ul style="list-style-type: none"> • Avoid driving outside of your home country, if possible. • Avoid driving a vehicle after an international flight. Arrange to pick up your vehicle at the hotel or on the following day if you must drive. • Avoid driving on company business after 16 hours of continuous work. • Avoid driving after an overnight flight.
5	<p>J & J Sandy Lee SLee3@its.jnj.com</p>	<p>I'm including an excerpt from a global guidance document (which we are issuing in 2012) addressing fatigue that relates to the question posed. We don't have a global policy on this matter; however, standards at the op co may be developed and enforced at the local level.</p> <p>JET LAG</p> <p>Jet lag is a condition that travelers may experience when flying across time zones. Extremely long flights (i.e., international travel) or flights with multiple segments can leave the traveler exhausted upon arrival, and may be a factor in road fatalities. Instead of renting and driving a vehicle, strongly consider taking a shuttle or other form of transportation to your hotel or other destination, or if you are coming home late, arrange for someone to pick you up at the airport or if necessary, stay the night in a hotel. Don't take unnecessary risks.</p>
6	<p>Verizon Gary Schongar gary.i.schongar@verizon.com (USA only)</p>	<p>We do not have policy or employee guidance on that particular topic. We have general training on fatigued driving in our defensive driving courses.</p>

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