

# IS SAVING TIME BY SPEEDING REALLY WORTH IT?

How much time it takes to make a 48-kilometer trip at different speeds



**32.7** minutes



**27.7** minutes  
5 minutes saved



**24** minutes  
8.7 minutes saved

Source: Thomas, J.F., S. Huff, and B. West. 2016. Review of Measured and Modeled Fuel Consumption Changes Due to Aggressive Driving on Conventional and Hybrid Electric Light-Duty Vehicles. Internal Report. Oak Ridge National Laboratory.

**SLOW DOWN. SPEED MATTERS.**  
YOUR DECISIONS DRIVE YOUR SAFETY