Plan a Sober Ride.
Your decisions drive your safety.

The assumed level of intoxication is 0% to .08% blood alcohol concentration (BAC) depending upon your country. Visit http://trafficsafety.org/bac to see your country’s BAC.

38.6% of fatal collisions are as a result of impaired drivers with a .08% BAC or higher.

DID YOU KNOW?

\[
\begin{align*}
355 \text{ ml of beer} & \quad 5\% \text{ alcohol} \\
148 \text{ ml of wine} & \quad 12\% \text{ alcohol} \\
44 \text{ ml of liquor} & \quad 40\% \text{ alcohol}
\end{align*}
\]

\[
\begin{align*}
0.20\% \text{ blood alcohol} & \quad + \quad 8 \text{ hours of sleep} \\
= & \quad .08\% \text{ blood alcohol}
\end{align*}
\]

You could still be arrested for a DUI after 8 hours of sleep!

Source: Mothers Against Drunk Driving; WHO

Impaired driving is a 100% preventable choice.